

Good friends...

Laugh **with** you

Share stories **with** you

Listen to what **you** have to say

Help you when you feel down

Accept you for who you are

Are happy when you succeed

Not-so-good Friends...

Laugh **at** you

Share stories **about** you

Only care about what **they** have to say

Don't want to be around when you're feeling down

Pressure you to be different

Are not happy at your success

What to do about the not-so-good friends?

- Tell them how you feel—maybe they will change their ways.
- Spend less time with them and more time with your good friends.
- ▲ Make new friends.

