

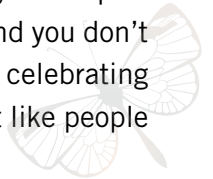
uniquely ME!

THE REAL DEAL



talents and strengths

There is more to you than just your values and beliefs. Keep thinking – what else makes you unique? The clock's ticking...give up yet? Your talents and strengths! (And p-l-e-a-s-e don't pretend you don't have any!) What would you brag about, if you were the bragging type? Recognizing and celebrating the things you do well gives you a bigger picture of who you are. After all, talents are a lot like people – they come in all shapes and size.



I am good at

What makes me special is

Ask a friend or relative to name the things that he or she thinks you are good at or that makes you special

Did your friend or relative list the same things you did? Do you agree with what that person said about you? Did the person say anything that surprised you? Your reactions:

One thing people may not know about me is

One way I could let people see that part of me is to

One of my proudest achievements was

because

