

THE REAL DEAL



what matters most

1. List the five qualities that you think matter most in a person.

(Need a cheat sheet? Check out the word box.)

- a.
- b.
- c.
- d.
- e.

2. List the five qualities that you think best describe you.

- a.
- b.
- c.
- d.
- e.

3. Do you have any of the qualities that you listed in #1? If not, ask yourself why. Name one thing you could do, starting today, to develop one of the qualities that you admire but feel you don't have.

To become more _____, I could _____.



word box

- | | | | |
|-------------|--------------|------------|-------------|
| honest | dependable | cheerful | confident |
| sensitive | friendly | caring | outgoing |
| smart | trendy | funny | quiet |
| daring | creative | helpful | talented |
| polite | hard-working | healthy | tough |
| neat | brave | fair | patient |
| serious | popular | fun-loving | trustworthy |
| competitive | open-minded | ambitious | loyal |

