

uniquely ME!

THE REAL DEAL



would you ever?

Consider each of the different risks listed below. Write down some of your thoughts about the best and worst things that could happen as a result of each. Then decide if you would be willing to...

- take a trip with a local youth group without knowing any of the other people going?
- confront your friend about the way she hurt your feelings?
- enter your artwork (or photography, poetry, etc.) in a contest?
- stand up for someone (or yourself) who is not being treated fairly?
- take lessons to learn something new?
- stand up to a group of friends and say “no” when asked to participate in an unhealthy activity like shoplifting or doing drugs?
- join a club or team that your friends think is silly?

If you found yourself thinking “No Way” as you read these, maybe it’s time you try something new! Sure, you’ll be facing new challenges, and you might fall- but then again, you might succeed, and gain a lot in the process. If you found yourself thinking “Maybe,” follow through on some of the risks you have been considering to increase the possibility of fun, adventure and enlightenment! And if you found yourself responding “Definitely” to most of these, congratulations! You are obviously not afraid to take healthy risks. Keep being courageous and open to new people, new ideas and new adventures.