



## 2006 World Thinking Day, February 22, 2006

Established in 1926, World Thinking Day is celebrated on February 22. World Thinking Day celebrates Girl Scouting's global sisterhood. This is a day when all Girl Scouts think of their sister Girl Scouts and Girl Guides all over the world and remember that they are part of an international movement. You can help support World Thinking Day in many ways including making a donation to the Juliette Low World Friendship Fund.

### Pick one of the following activities to celebrate World Thinking Day.

#### 1. Think of Your Sisters Worldwide, and Act Locally

How much unhealthy food do you consume on a daily basis? Count up the money you spend on junk food everyday—you'll be surprised at how fast it adds up! You could donate one day's (or one week's) "Junk Food" money to the Juliette Low World Friendship Fund (JLWFF) instead!

#### 2. Get the Facts on Hunger

All children need sufficient and nutritious food for healthy development. Did you know that 6 million children worldwide die each year from hunger and malnutrition? And that another 300 million go to bed hungry? With your friends and/or family discover and discuss the difference between hunger and malnutrition. Brainstorm a list of five things that you can do to fight hunger.

#### 3. Start a *Healthy Food* Community Service

Find out if the soup kitchen in your community would like to have you prepare healthy meals and deliver them. Or, is the food pantry in need of healthy canned/package food?

- Working with your family, friends, groups or other individuals, prepare a healthy meal and deliver it to the soup kitchen/food pantry. If they prefer canned/package food, design a healthy meal using canned/package food and then donate it. Or, organize a healthy items food drive for the food pantry.

### The JLWFF helps your sister Girl Guides and Girl Scouts by:

- Providing training for its Member Organizations' volunteers and staff, thereby strengthening their programs for girls.
- Providing support for girls from other countries to visit the United States, and Girl Scouts in the USA to travel to other countries.
- Assisting some Member Organizations in emergency situations, preventing a disruption in services received by girls.
- Providing scholarships for the four WAGGGS World Centers that bring Girl Scouts and Girl Guides to events.
- Establishing new associations in countries thereby increasing the number of your sister Girl Scouts globally.

Right now WAGGGS is 10 million strong...and growing!

Have you looked at **GSUSA's health and safety resources?** World Thinking Day is the perfect time to do so!

- *STUDIO 2B Focus: The Real Deal*
- *STUDIO 2B Focus: Inside Out*
- *¡Nadie Como Yo! La Realidad del Asunto*
- *¡Nadie Como Yo! Por Dentro y Por Fuera*
- *Women's Health Interest Project*
- *Helping Girls Breathe Easier*
- *Shape Up! For Girls 11 – 17*
- *In the Zone: Girls Ages 11-13*
- *In the Zone: Girls Ages 14-17*
- *Cadette and Senior Girl Scouts Against Smoking*

### Adult Resources

*Weighing In: Helping Girls be Healthy Today, Healthy Tomorrow*  
*Feeling Safe: What Girls Say*