Your Faith and Girl Scouts
Make the Connection
Everything in Girl Scouting is based on the Promise and Law. Take a look! How do you think the world would be different if we really and truly lived by the Law?

**The Girl Scout Promise**

On my honor, I will try:
- To serve God and my country,
- To help people at all times,
- And to live by the Girl Scout Law.

**The Girl Scout Law**

I will do my best to be
- honest and fair,
- friendly and helpful,
- considerate and caring,
- courageous and strong,
- and responsible for what I say and do,
- and to
- respect myself and others,
- respect authority,
- use resources wisely,
- make the world a better place,
- and be a sister to every Girl Scout.

Your equation for justice

People of many faiths want to be good stewards—in ways big and small—of the Earth we’ve been given. How does your faith encourage you to care for the planet?

Once you’ve finished a Journey, you might go on to earn a Girl Scout Gold Award by doing a project that makes a difference in the world! Check out information about the Gold Award at www.girlscouts.org/program/gs_central/insignia/highest_awards/gold_award.html
Girl Scout Ambassador Leadership Journeys

Ambassador Girl Scouts are in the 11th and 12th grades. Here are the three Leadership Journeys for this grade level: *Your Voice, Your World*, *Justice*, and *Bliss*.

*Your Voice, Your World*

How often have you seen something that really needed to be changed and wondered, “Why isn’t someone doing something about that?” This Journey gives you a way to be that someone!

*Justice*

On this Journey, you’ll explore issues of environmental justice and take steps to help the Earth and all its inhabitants.

*Bliss*

On this Journey, you’ll learn to dream big, now and for your future, and to help others achieve their dreams, too.

Ambassadors can earn Awards on each Journey!

Your faith and the Girl Scout Law probably have a lot in common! (In fact, you can earn a special Girl Scout pin called “My Promise, My Faith” as you explore what your faith has to teach you about a line of the Law.)

Honest and Fair

Here are some words that people use when talking about being honest and fair. Circle the three that mean the most to you.

Trustworthy
Truthful
Straightforward
Sincere
Direct
Open
Candid
Just
Impartial
Evenhanded
Balanced

Now use the words you circled to write a personal motto that reminds you of how you'd like to act honestly and fairly in your life.

Swap mottos with friends—what’s the same? What’s different?

Many faiths have blessing or rituals to give thanks for the food we eat. What are some traditions from your faith?

Once you've finished a Journey, you might go on to earn a Girl Scout Gold Award by doing a project that makes a difference in the world! Check out information about the Gold Award at www.girlscouts.org/program/gs_central/insignia/highest_awards/gold_award.html

Perhaps you’d like to think about what your faith teaches you about the importance of “harvest” and holding out a “vision” of a better world?
Girl Scout Senior Leadership Journeys

Senior Girl Scouts are in 9th and 10th grades. Here are the three Leadership Journeys for this grade level: GIRLtopia, Sow What?, and Mission: Sisterhood.

GIRLtopia
This Journey is your chance to imagine a perfect world—for girls. You’re invited to create your vision as an art project—in any medium you choose—then take action to make your vision a reality.

Sow What?
On this Journey, you’ll learn all about food—how it’s grown, how to savor local bounty and, of course, how to make tasty meals!

Mission: Sisterhood
Explore the power of sisterhood in your own life and in the world—then make a plan to expand the power!

Seniors can earn Awards on each Journey!

Friendly and Helpful
Where would you put yourself on the “friendly and helpful” meter below? Mark an X where you are now, and another X for where you’d like to be.

With my:

<table>
<thead>
<tr>
<th>With my:</th>
<th>Very friendly and helpful</th>
<th>Not very friendly and helpful</th>
</tr>
</thead>
<tbody>
<tr>
<td>parents</td>
<td></td>
<td></td>
</tr>
<tr>
<td>siblings</td>
<td></td>
<td></td>
</tr>
<tr>
<td>friends</td>
<td></td>
<td></td>
</tr>
<tr>
<td>classmates</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Others at my place of worship</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Considerate and Caring

Text someone who needs to hear a kind thought! Maybe a classmate is worried about an upcoming exam, a family member is stressed out by a deadline at work, or a friend is feeling bad about herself and could use a complement.

(No phone? No problem! Look around and tell somebody standing beside you something that will lift their spirits for the day!)

Can you see how these actions impact more people than just yourself? Imagine your world if everyone were working to do better with some of the relationship stuff at the same time. World peace? Well, the world would be a whole lot cleaner! (And you do have 2.9 million friends to start with.)

So here’s your chance to be a leader. Grab some of the ideas and tips you’ve been gathering in eMAZE and bring them out into the world. Create a Take Action Project that engages others in your work in improving relationships. And while you’re at it, try to get people to keep on “passing it forward.”

First, take a moment to consider what being a leader means to you.

Defining a Real Leader

What values have you discovered about yourself that are also important to you as a leader?

What are your greatest strengths in connecting with others?

What ideas do you have about using your values and relationship skills to take action to change the world around you—even in a small way?
Courageous and Strong

Talk to someone next to you about how she helped someone else or contributed to the greater good by demonstrating courage and strength. (Maybe she stood up for someone who was being bullied or spoke out about an issue she cared deeply about.)

In return, share something you did that was courageous and strong.

Keep your eyes open for people who act on this value (you may see this in your daily life or you may find stories in the news). Keep a running list of these examples to inspire you. What do these examples teach you about courage and strength in daily life?

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
Responsible for What I Say and Do

Your words can lift someone else or cut them down. Your actions can help others (and yourself!) or can make life hard for everyone.

Come up with a catchy T-shirt slogan that sums up why this value is important to you and write it here:

Compare your slogan with your friends’ slogans. Decide on the best one and think about how you could use it (on a real shirt, on a sticker, in your locker...)

Breathe

You’ll engage all five senses as you clear the air—your own and the Earth’s.

For more fun

Once you’ve finished a Journey, you might go on to earn a Girl Scout Silver Award by doing a project that makes a difference in the world! Check out information about the Silver Award at www.girlscouts.org/program/gs_central/insignia/highest_awards/silver_award.html.
Girl Scout Cadette Leadership Journeys

Girl Scout Cadettes are in 6th, 7th, and 8th grades. Here are the three Leadership Journeys for this grade level: aMAZE, Breathe, and MEdia.

aMAZE: The Twists and Turns of Getting Along

Life is a maze of relationships. On this Journey, you’ll maneuver through all its twists and turns to find true friendships, plenty of confidence, and maybe even peace.

Cadettes can earn Awards on each Journey!

Respect Myself and Others

Think about the people in your life whom you love and respect. What have these personal role models taught you about respecting yourself and others? What’s the best example of this value that you can think of?

What are things you already do that give you respect for yourself?

What other things would you like to start doing?
Respect Authority

Who are the authorities in your life? Jot down the names of people who:

- Are responsible for your well-being
- Make and uphold the laws that keep you safe
- Encourage you to practice your faith
- Have experience or knowledge to share with you

Are you an authority to anyone? Who sees you as an authority and why?

Now list three TV shows or books that show a character learning or growing in some way by showing respect to an authority.

1. ____________________________________________
2. ____________________________________________
3. ____________________________________________

What do these stories tell you about respecting some of the authorities on your list or about acting as an authority to others?

Did you know?

You can find out about religious recognitions offered by different faith communities by going to www.praypub.org/partner_gsusa.htm.

Take Your Faith on a Girl Scout Leadership Journey!

Here’s a little something that’s hard to remember as we rush around in our daily lives: each of us can help make the world a better place. We really can! And when we do, we are acting as leaders.

Girl Scouts go on Leadership Journeys to learn about being a leader in daily life and in the world. The following pages include excerpts from Leadership Journeys for teens. Take a look and think about what your faith teaches you about acting like a leader, too.

You may want to get involved in a National Leadership Journey with other girls and earn the awards as you take action and make the world a better place. Who knows, you might even be inspired to go on and earn Girl Scouting’s prestigious Silver and Gold Awards as you use your leadership to make a big difference!
Which Line Speaks to You?

Now that you’ve had fun exploring the lines of the Girl Scout Law, go back and think about which line spoke to you the most.

Maybe it talked about a value that you already practice in your daily life or maybe it’s a value you’d like to strengthen.

Maybe it’s a value that’s particularly important to your family

Maybe it’s a way of behaving that you’d like to see more of in the world.

Write down the line of the Girl Scout Law that resonated the most with you here:

Based on what you know about your faith, can you think of a song, reading, prayer or tradition that teaches about that line of the Girl Scout Law? Jot them down here:

You’ve now taken the first step to earning Girl Scouts’ My Promise, My Faith pin! Go on and take the other steps!

Use Resources Wisely

We all need to use resources wisely in order to be good stewards of the planet we’ve been given. What’s the one new habit you would like to develop to be a good steward — or what’s one action you could help a friend or family member do?

Here are some ideas to get you started:

- **Take shorter showers**
- **Use reusable bags**
- **Recycle your trash**
- **Create less trash to begin with**

List your ideas here:
Make the World a Better Place

List three movies that dramatize this value—perhaps your list will include a story of someone who campaigned for social justice, demonstrated personal courage to help others, or overcame great odds to change the world for the better.

1. __________________________________________

2. __________________________________________

3. __________________________________________

For more fun
Ask other people for their ideas and make a list here for an inspirational movie night:

Be a Sister to Every Girl Scout

Make a list of 3 – 5 songs that demonstrate this value.

For more fun
Swap ideas with others and create a “sisterhood” playlist below!
Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.