



## Discussion Guide

### Episode 1: A Community of Girls | 8/27/20

**Hey, girls and troop leaders!** After watching G-Team TV, use this guide to start a conversation with your Girl Scout sisters about this week's interview and segments. Toss out a question to the group and see where the conversation goes. Then take it further with the additional Girl Scout resources below!

**Icebreaker:** Allarie, Ella, and Isabel got to know one another by talking about animated characters they relate to. Which animated character do you connect with? Or, if animation isn't your thing, who is your "shero"?

#### State of Mind—Mental Health

- The world has experienced a lot of uncertainty during the COVID-19 global pandemic; what are some ways you cope with uncertainty?
- What are some ways that girls can fight loneliness?

#### Alexis Jones Interview

- What does the word "community" mean to you?
- Alexis went on the reality TV show *Survivor* to amplify her program, *I Am That Girl*. What's something you're passionate about, and what's something bold that you could do to draw attention to this issue?
- Alexis's piece of advice to girls is to have the audacity to love yourself. Why is it bold or daring to love yourself? How can you practice confidence and self-love this week?
- Alexis described herself as loving, curious, and adventurous. Serena said she was also curious, as well as caring and flowing. How would you describe yourself on three words?
- How do you envision yourself being involved in Girl Scouts after high school? Joining a Campus Girl Scouts group, volunteering, or something else? There are many ways to stay connected.

#### Girl Scouts Around the World

- Which World Center would you like to visit, and why?
- What do you know about the World Association of Girl Guides and Girl Scouts? What interests you about Girl Guides and Girl Scouts around the world?
- Do you feel part of a global community of girls? Why or why not?

#### Take It Further!

- **Celebrate your sisters:** Sharing sisterhood is a part of the Girl Scout Way badge at every grade level. You can earn part of this badge while connecting with and empowering your Girl Scout sisters!
- **Be a leader:** Is sisterhood your passion? Go deeper with Girl Scout Journeys, like aMaze! for Cadettes or GIRLTopia and the Mission: Sisterhood for Seniors!
- **Take a virtual Trip:** Want to learn more about the [World Centres](#)? Research each center and start planning your adventure! (Search "World Centre" [in the month of May on our calendar](#) to review recordings of tours.)
- **Develop your "survivor" skills, like Alexis Jones:** Try out the Girl Scouts at Home videos to learn first aid with the Cadette [Trail Adventure](#) badge or make a stove with the Senior [Adventure Camper](#) badge.
- **Help your community:** Connect with others who might be feeling lonely by participating in Girl Scouts' [letter-writing](#) service project.