Leading Conversations About Bullying
A Special Resource Guide for Volunteers and Troop Leaders

It’s a truth hard to face, but bullying has reached epidemic levels in our country. With one in four girls experiencing it at school and nearly one in five bullied online, it’s a real issue that we all must take a stand against.

As part of the Girl Scout family, you naturally place girls’ safety and well-being at the top of your priorities—but when it comes to bullying, it’s easy to feel at a loss for exactly what can be done. That said, your troop members look up to you, and may feel safe confiding in you when they feel they’re being treated unfairly. Alternatively, you may witness acts of bullying in real time. For these reasons and many more, it’s important you have the confidence to tackle these issues head-on in a sensitive yet effective manner.

Bullying can have severe consequences, and as a role model and guide for girls, you have the power to make a difference.

Resource Spotlight
Beyond simply encouraging kindness and inclusion, we’ve done a deep dive on the nuances of bullying, how to help your girls’ navigate it, and signs to look for to figure out whether or not it’s happening to the girls in your life.

- Is She Being Bullied? Signs to Watch For
- Help Her Shut Down Haters with Confidence
- How to Deal When She’s Bullying Others
- Truth: Not Everyone Is Going to Be Friends

Check out even more helpful advice from Girl Scouts’ developmental psychologist, Dr. Andrea Bastiani Archibald, on Raising Awesome Girls.