

# It's Your Planet-Love It!

This Journey series invites girls to make sense of the wealth of environmental information available so they can act for the betterment of Earth and its inhabitants.



# Between Earth and Sky

On this Journey, Daisies learn about the natural world around them and how to keep the Earth healthy. They may visit nature reserves, parks, farms, and zoos; talk to an expert (such as a biologist or a scientist) about ways to protect the environment; make origami butterflies to celebrate nature; or put on skits to show how to be considerate of one another and our world. Then they team up to do a project about what they've learned. They might plant a tree in their neighborhood, create a garden for a local children's hospital, or put on a play about protecting the Earth. Girls can earn three awards that recognize what they learned about nature and what they did to help the Earth.



### **WOW!** Wonders of Water

On this Journey, Brownies learn how to protect the waters of our planet. They may conduct a water-quality experiment, go on a field trip to a lake or a reservoir, or invite a water expert (such as a meteorologist or a marine biologist) to speak to their group. Then they team up to do a project based on what they've learned. They might make posters to educate others about saving water, ask their principal to let them do a presentation at a school assembly about recycling water bottles, or create a garden with low-water plants. Girls can earn four awards that recognize what they learned about water and how they took action to save it.



# **Get Moving!**

On this Journey, Juniors learn about various forms of energy and find out what it means to be energy efficient. They may take nature walks to observe animals using energy in their natural settings, interview an energy expert about waste, or conduct an energy audit in a community building to test its efficiency. Then they team up and take on an energy issue in their community. They might write a letter to their city council about lights left on at night in public buildings, launch a carpool campaign to help save gas, or create posters with energy-saving tips to put up in their school. Girls can earn three awards that recognize what they learned about energy and how they carried out a plan to save energy.



#### **Breathe**

On this Journey, Cadettes learn all about the air they breathe and how to improve its quality. They may take a trip to a wind farm to see how sustainable energy is harvested, invite an environmental scientist to talk about air-quality control, or perform fun experiments about air. Then they team up on an air-quality project they care about. They might create a no-idling zone in their school parking lot, plant an indoor garden at a community center, or develop an anti-smoking social media campaign. Girls can earn three awards that recognize what they learned about air and how they improved their communities' quality of life.



#### Sow What?

On this Journey, Seniors learn about food—how and where it's grown, processed, distributed, and consumed—and why it matters. They may take a trip to a fruit orchard or farm, talk to a grocery store manager about how she buys foods and keeps it fresh, or prepare a dinner for their families using only locally grown ingredients. Then they team up to address a food or land issue they care about. They may host a farmer's market at their school, create a video to inspire others to eat locally, or present a plan to town officials to create a community vegetable garden. Girls can earn one award that recognizes how they created change for a healthier world.



## **Justice**

On this Journey, Ambassadors learn to identify global environmental issues and create their own vision for change. They may interview an environmental scientist to find out how she uses data, debate environmental controversies, or find inspirational quotes, poems, or song lyrics that ignite their vision for justice. Then they team up to present and share their vision of environmental justice. They might offer solutions for improving food delivery systems, fighting hunger in developing nations, or rediscovering healthy traditions and foods that have been lost in communities. Girls can earn one award that recognizes what they learned about environmental justice and how they developed and presented a possible solution to a problem.