

Awesome Girls: Tackling Global Public Health Challenges

Resources

We hope you enjoyed learning about global public health. Want to go further? Check out these amazing resources!

Global Action Award

Each year, Girl Scouts of all levels can earn the Girl Scout Global Action Award. The Girl Scout Global Action Award focuses on the United Nations' Global Goals for Sustainable Development. In 2015, leaders from all over the world agreed to work together to accomplish these 17 goals by 2030. The Global Goals (also called Sustainable Development Goals or SDGs for short in English) focus on taking care of the environment, making sure all people have enough to eat, and improving people's health.

For 2022, the Global Action Award focuses on **Goal 3: Good Health & Well-being** and Goal 11: Sustainable Cities and Communities. These two goals work together because a healthy, sustainable community supports everyone's health. Think about how, during the COVID-19 pandemic, each community created safety protocols aimed at the specific needs of their area.

Girls can [earn their Global Action Award](#) by discovering, connecting, and completing challenges on these two goals through the Global Action Award activities.

Learn more about the Global Goals:

Smithsonian Science for Global Goals

The Smithsonian Science for Global Goals Project provides youth around the world with the knowledge and skills to understand the world's most pressing issues and to become agents for change in their own communities. Through a series of freely available community research guides, young people use their communities as their laboratory to investigate the science that underlies the United Nations Sustainable Development Goals (SDGs). These free resources were created to help young people define and implement their own sustainable actions to help solve the greatest challenges of our time.

[ENGLISH](#)

World's Largest Lesson

The World's Largest Lesson promotes the use of the UN Sustainable Development Goals (SDGs) in learning so children around the world can contribute to a better future for all. The action focused learning experiences for children and young people build skills and motivation to take action on the SDGs. [ENGLISH/SPANISH](#)

Global Public Health—COVID-19 and Mental Health Resources

COVID-19! How can I protect myself and others: Smithsonian Science Education Center created this guide to help young people understand the underlying science of the behaviors that protect us from the spread of the virus that causes COVID-19 and other viruses like it. [ENGLISH/SPANISH](#)

The Big Event for Mental Health! Let's #MoveForMentalHealth together! Video recording of World Health Organization's global online advocacy event on mental health. Held on World Mental Health Day, October 10, 2020. [ENGLISH](#)

How Teenagers Can Protect Their Mental Health During COVID-19

A resource from UNICEF for understanding youth anxiety and strategies for teens facing a "new" normal. [ENGLISH/SPANISH](#)

How to take care of yourself during stressful times: An article from UNICEF's Voices of Youth. [ENGLISH/SPANISH](#)

Explore STEM and STEM-adjacent Careers

STEM (science, technology, engineering and math in English) is a set of tools you can use to transform the world! STEM is used to help us build bridges, program our technology, grow our food, and so much more. Check out these resources to learn more about jobs that relate to STEM and explore what you might want to do in the future.

- [STEMspiring career stories: ENGLISH/SPANISH](#)
- [STEM2D career quiz](#) in English and Spanish.
- STEM-adjacent Careers (Department of Labor Career portal). STEM-adjacent careers are careers that are not directly in science, technology, engineering, and math, but support those in the STEM field. This could be a Marketing executive at a research lab or an administrator at a hospital. [ENGLISH/SPANISH](#)